DISCLAIMER: This is an example syllabus that is subject to change at faculty discretion.



# **Course Syllabus**

### **Course Information**

PSY 117
Introduction to Psychology
3 Credit Hours
Term, year, dates and times can be found in the schedule of the course

## **Preliminary Class Plan and Topics**

Please see the schedule provided in the course.

## **Communicating With the Instructor**

This course uses a "three before me" policy in regards to student to faculty communications. When questions arise during the course of this class, please remember to check these three sources for an answer before asking me to reply to your individual questions:

- 1. Course syllabus
- 2. Announcements in Canvas
- The "Question Center" discussion board

This policy will help you in potentially identifying answers before I can get back to you and it also helps your instructor from answering similar questions or concerns multiple times.

If you cannot find an answer to your question, please first post your question to the "Question Center" discussion board. Here your question can be answered to the benefit of all students by either your fellow students who know the answer to your question or the instructor. You are encouraged to answer questions from other students in the discussion forum when you know the answer to a question in order to help provide timely assistance.

If you have questions of a personal nature such as relating a personal emergency, questioning a grade on an assignment, or something else that needs to be communicated privately, you are welcome to contact me via email or phone. My preference is that you will try to email me first. Please allow 24 hours for me to respond to emails Monday-Friday and 48 hours on the weekend.

If you have a question about the technology being used in the course, please contact the Doane University Help Desk for assistance (contact information is listed below).

## **Course Catalog Description**

An introduction to the systematic study of human cognition, emotion, and behavior with an emphasis on the scientific method. Fundamentals of behavior, learning, conditioning, development, cognitive processes, perception, emotion, personality, and psychopathology

are among the content areas studied. Particular emphasis is placed on the use of the scientific method for the study of human nature. Students successfully completing the course will demonstrate a general understanding of the knowledge established in these areas, as well as the methods used by psychologists to acquire that knowledge.

### **Course Prerequisites**

None

### **Course Textbook and Materials**

### Required

Psychology - Modules for Active Learning (14th ed). Coon, D., Mitterer, J.O., Martini, T.S. Cengage. Boston, MA.

#### **Required Technology**

None

## **Learning Objectives**

At the completion of this course students will be able to:

- 1. Describe key concepts, theories, people, and themes in the areas of: history of psychology, behavioral neuroscience, human development, sensation and perception, conditioning and learning, human memory, cognition and intelligence, motivation and emotion, human sexuality, personality, psychological disorders and social behavior.
- 2. Describe the research methodology used in each area.
- 3. Apply key concepts in each area to novel situations.
- 4. Apply the scientific method to the study of human behavior.
- 5. Identify applications of psychology.
- 6. Reflect on the use of scientific reasoning to interpret psychological phenomena

Course Objectives	Module Number/ Topic	Module Objectives	Assignments	Technology
1,2,3,4,6	1. Introducing Psycholog y (History and Methodolo gy)	<ol> <li>Describe the scientific method as it applies to the study of human behavior (CO 1, 4, 6)</li> <li>Interpret basic scientific research (CO 4, 6)</li> <li>Explain why psychology is a science with the primary objectives of describing, understanding, predicting and controlling behavior and mental processes. (CO 2, 4, 6)</li> <li>Recognize major historical events, theoretical perspectives and figures in psychology and their link to trends in current research (CO 1)</li> <li>Describe key regulations in the APA Ethics code</li> </ol>	Flipgrid Self Introductions  News Reports About Science Discussion(MO 1, MO 2)  Subjective vs Objective Observations assignment (MO 1, MO 2, MO3)  Ethically Suspect Research (MO 2, 4, 5)  Quiz 1 (MO, 1, 2, 3, 4, 5	Flipgrid  Bb Assignment Tool  Bb Quiz Tool  Bb Discussion Board Tool

		for protection of human and nonhuman research participants. (CO 1, 3)		
1,2,3	2. The brain and behavior	1. Discuss the basics of brain imaging (CO 1, 2) 2. Diagram the structure of a neuron. (CO 1) 3. Describe how neurons communicate. (CO 1) 4. Recognize the major divisions of the nervous system and key structures of the brain. Differentiate their functions and associate key structures with physical and psychological functioning (CO 1, 2) 5. Describe the divisions and	Neuron Labeling activity (MO 2)  Lobes of the Cerebral Cortex labeling (MO 4)  A League of Denial movie and discussion/activity (MO4)  Brain Structure and Function Scenario activity (MO4)  Parasympathetic or sympathetic activity (MO5) .5 hours  Quiz 2 (MO, 1, 2, 3, 4, 5, 6)	Bb Assignment tool Bb Quiz Tool Bb discussion board tool Articulate eLearning Tool

		functions of the autonomic and somatic nervous systems. (CO 1) 6. Evaluate and illustrate genetic and evolutionary influences on personality and behavior. (CO 1, 3)		
1,2,3,5	3. Human Developm ent	1. Debate the interaction of nature and nurture in development including the role of epigenetic processes, cultural influences, and life experience. (CO 1, 2, 3, 5)  2. Describe the research surrounding sensitive and critical periods, continuity versus discontinuity, and stability vs change. (CO 1, 2, 3)	"Babies" Discussion (MO 1)  Applying Piaget Activity (MO 6)  Attachment Activity (MO 6)  Quiz 3 (MO, 1, 2, 3, 4, 5, 6, 7, 8, 9)	Bb Assignment Tool  Bb Quiz Tool  Bb Discussion Board Tool

3. Outline the stages of
prenatal
development and
analyze genetic and
environmental
influences on
conception and
gestation. (CO 1,
3)
4. Describe the
innate sensory
and reflex
capabilities of
infants and
summarize the
acquisition of
sensory and motor skills in
childhood. (CO
1)
5. Summarize the
psychological
and physical
effects of puberty
and describe the
physical
challenges that
occur in each
stage of
adulthood. (CO
1, 3)

6. Recognize and differentiate Piaget's four stages of cognitive development. (CO 1, 2) 7. Analyze the key elements of Vygotsky's sociocultural theory of cognitive development and compare and contrast his theory with that of Piaget. (CO 1, 2) 8. Debate the adaptive function of infant attachment and articulate the roles that temperament, culture and caregiving styles play in driving
culture and

		9.	Analyze the development of moral reasoning and evaluate major models of moral development. (CO 1)		
1,2,3,5	4. Sensation and Perception	2.	Discuss the basic steps in the processes of transduction and adaptation, and understand the distinction between bottom up and top down processing (CO 1, 3) Articulate key methods of measurement in psychophysics, such as absolute and difference thresholds, subliminal stimulus and Weber's law. (CO 1, 2, 3) Define signal detection theory and classify	Hit, Miss or False Alarm Quiz (MO 3)  Two Point Threshold Demo (MO 2)  If your eyes could talk activity (MO 4)  Structure of the Sensory Receptors (MO 4, 7, 8, 9)  Quiz 4 (MO, 1, 2, 3, 4, 5, 6, 7, 8, 9, 10, 11)	Bb Assignment tool  Bb Quiz Tool  Articulate eLearning Tool

signal detection
outcomes in
perceptual
scenarios as hits,
misses, false
alarms or correct
rejections. (CO
1 ' ' ' ' ' ' ' ' ' ' ' ' ' ' ' ' ' ' '
1, 3, 5)
4. Describe the
properties of
light, describe
the structures
and functions of
the visual
system. (CO 1,
2)
5. Compare and
contrast the
trichromatic and
the
opponent-proces
s theories of
color vision. (CO
1, 2)
6. Discuss
variations in
visual
interpretation
with the concepts
of Gestalt,
perceptual
constancies,
object
recognition,
1000giiii011,

depth of
perception,
motion
perception and
perceptual
illusions. (CO 1)
7. Explain the
structure and
functions of the
auditory system
and analyze how
the brain
interprets sound
waves into
neural signals to
produce
perceptions of
pitch, loudness
and spatial
location
8. Recognize the
systems and
processes
involved in taste
and olfaction
9. Locate the
receptors in the
skin and
describe their
functions
I I
10. Explain the role
of the vestibular
system in the
positioning and

		11.	balancing of our bodies Investigate how pain differs from other senses and apply knowledge of the theories and factors associated with the perception of pain to real life scenarios.		
nç	conditioni g and earning	2.	Discuss the role of learning in behavior and distinguish among reflexes, instincts and learned behaviors. (CO 1, 3, 5) Define associative and nonassociative learning and illustrate key concepts of each. (CO 1, 3, 5) Describe the theory and history of classical	Learning to Be Good Discussion (MO 10, 11)  Classically Condition Your Roommate (MO 4)  Classical Or Operant Conditioning Activity (MO 4, 5, 6, 7)  Quiz 5 (MO 1, 2, 3, 4, 5, 6, 7, 8, 9, 10, 11)	Bb Assignment tool  Bb Quiz Tool  Flipgrid

	conditioning (CO	
	1, 3)	
	. Analyze the	
	process and	
	components of a	
	classical	
	conditioning	
	experiment,	
	identifying the	
	unconditioned	
	stimulus,	
	conditioned	
	stimulus,	
	unconditioned	
	response, and	
	conditioned	
	response. (CO 1,	
	3, 5).	
	. Evaluate	
	classical	
	conditioning	
	scenarios in	
	terms of features	
	such as	
	conditioned	
	• • • • • • • • • • • • • • • • • • •	
	emotional	
	response,	
	extinction,	
	spontaneous	
	recovery,	
	conditioned	
	inhibition,	
	generalization	
	versus	

		9. Describe concepts and applications associated with operant conditioning (CO 1, 3, 5) 10. Recognize and apply key concepts of observational learning (CO 1, 3, 5) 11. Describe social cognitive learning theory and investigate classic and contemporary models and applications (CO 1, 3, 5)		
1,3,5	6. Memory and Cognition	1. Integrate the three basic memory processes (encoding, storage and retrieval) into a definition of memory and illustrate the	Endangered Languages Discussion (MO 7) Sensory Memory Demo (MO 2)	Bb Assignment Tool  Bb Quiz Tool  Bb Discussion Board Tool
12		critical		

		importance of	How Deep Is Your	
		these processes	Processing	
		in everyday	Exercise (MO 5)	
		functioning (CO	=xere.ee (me e)	
		1, 3, 5)		
	2.	Define the	All Kinds Of Minds	
		essential role of	Activity (MO 6)	
		sensory memory	• ( )	
		in the memory	Oui- 6 (MO 1 2 2	
			Quiz 6 (MO, 1, 2, 3,	
	•	process (CO 1)	4, 5, 6, 7, 8)	
	3.	Articulate the		
		characteristics		
		and functions of		
		working memory		
		and summarize		
		the differences		
		between working		
		and sensory		
		memory (CO 1)		
	4	Analyze the		
	••	components of		
		long term		
		_		
		memory,		
		compare and		
		contrast aspects		
		of long term and		
		short term		
		memory, and		
		differentiate		
		among the		
		subtypes of long		
		term memories,		
		including		
		procedural,		
		procedural,		

declarative,
episodic and
semantic
memories. (CO
1)
5. Define the
principles and
forms of
encoding and
rehearsal and
apply the levels
of processing
theory and
elaborations of
the theory to real
life scenarios.
(CO 1, 3, 5)
6. Define the role of
mental
representations
in thinking and
compare,
contrast and
apply models of
concept
formation such
as feature
detection,
prototypes,
theory building
and schemas
(CO 1, 3, 5)
7. Identify the key
components of

		8.	language and language processing (CO 1, 3, 5) Articulate current thoughts regarding the causes of aphasias and other language disorders (CO 1		
1,2, 3, 5	7. Motivation and Emotion/ Psychologi cal Disorders	2.	aspects of motivation and emotion and articulate their relationship (CO 1)	The Puzzle Of Motivation Exercise (MO 1, 2)  Hunger And Satiety Scale Activity (MO 3)  Maps Of Mental Disorders Activity (MO 10)  Quiz 7 (MO, 1, 2, 3, 4, 5, 6, 7, 8, 9, 10)	Bb Assignment Tool Bb Quiz Tool

adaptation) (CO
] 1)
3. Analyze the
physiological and
environmental
factors that
influence and
regulate hunger
(CO 1, 3, 5)
4. Debate the
biological and
psychosocial
factors involved
in sexual
motivation and
evaluate how this
motivation varies
l
l
l
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l I
l I
demonstrate the
interplay of
competing
motives in the
context of
motivation and evaluate how this motivation varies with gender, orientation and phase of life (CO 1, 3, 5)  5. Assess the effect of social and cognitive motives (e.g. achievement, affiliation) on life outcomes and demonstrate the interplay of competing motives in the

hierarchy of
needs (CO 1)
6. Recognize the
primary
components of
emotions and the
six basic
emotional
expressions
(Ekman) (CO 1)
7. Generate a
psychological
definition of
"disorders" (CO
1)
8. Evaluate and
apply the general
methods and
models used in
the diagnosis of
psychological
disorders (CO 1,
2, 3, 5)
9. Distinguish
among the legal
definitions of
insanity and
incompetence,
the definitions
used in treatment
settings and the
common
understanding of
the terms with

		real-life cases (CO 1, 3, 5) 10. Classify and differentiate among anxiety disorders, mood disorders, psychotic		
		disorders, personality disorders, developmental disorders and other disorders such as somatoform disorders and dissociative disorders (CO 1)		
1, 3, 5	8. Social Behavior	1. Recognize our social nature as a species, examine the influences on our perceptions of ourselves and others, differentiate between dispositional and situational attributes and evaluate the	Social Comparison Via Facebook (MO 1) Stanford Prison Experiment Activity (MO 3) Everybody Else Does It (MO 1, 3, 4)	Bb Assignment Tool  Bb Quiz Tool  Bb Discussion Board Tool

impact of various	Quiz 8 (MO 1, 2, 3,	
attributional	4)	
biases on social	,	
perceptions (CO		
1)		
2. Analyze the		
components and		
factors involved		
in attitude		
formation, and		
compare and		
contrast tools for		
attitudinal		
change (CO 1, 3)		
<ol><li>Distinguish</li></ol>		
among		
conformity,		
compliance, and		
obedience,		
critique key		
research studies		
in these areas		
and debate the		
ethical issues		
involved. (CO 1,		
3)		
<ol> <li>Apply constructs</li> </ol>		
such as social		
facilitation, social		
loafing,		
deindividualizatio		
n, group		
polarization and		
groupthink to		

	analyze group performance. (CO 1 3, 5)		
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### **Course Requirements**

#### Online Course

This is an online course and there will not be any face-to-face class sessions. All assignments and course interactions will utilize internet technologies. You must have a reliable internet connection throughout the duration of the course.

This course uses Canvas for the facilitation of communication between faculty and students, submission of assignments, and posting of grades. The Canvas Course Site can be accessed at <a href="https://doane.instructure.com">https://doane.instructure.com</a>

Attendance in an online course means logging into the Canvas on a regular basis and participating in all of the activities that are posted in the course. In addition, check your Doane University email account regularly, as your instructor may send important information via email.

### Attendance/Participation

Doane University expects active participation by a student in a course, whether the course is on-ground or online. A student is expected to be prompt and regularly attend on-ground classes in their entirety. Regular engagement is expected for online courses.

You should plan to work on this course everyday. This is a condensed, fast-paced, course. Expect to spend approximately 18 hours a week preparing for and actively participating in this 8-week course.

### **Class Preparation**

Preparation for class means reading the assigned readings and reviewing all information required for that week.

### **Computer Requirements**

For the successful use of Canvas please refer to Doane University's minimum computer requirements. This also includes:

- Reliable computer and internet connection
- A web browser (Chrome or Mozilla Firefox)

- Adobe Acrobat Reader (free)
- Word processing software—Microsoft Word or Google Docs
- Webcam and mic

#### **Campus Network or Canvas Outage**

When access to Canvas is not available for an extended period of time (greater than one entire evening - 6pm till 11pm) you can reasonably expect that the due date for assignments will be changed to the next day (assignment still due by midnight).

#### **Drop and Add Dates**

If you feel it is necessary to withdraw from the course, please contact your advisor for full details on the types of withdrawals that are available and their procedures.

Federal requirements state that students must complete 75% of the course work to be eligible to receive an incomplete for the course. If students fall more than two weeks behind, they cannot meet this requirement.

#### **Academic Integrity**

Fundamental to our mission, our core values, and our reputation, Doane University adheres to high academic standards. Students of Doane University are expected to conduct themselves in a manner reflecting personal and professional integrity. Disciplinary actions may be taken against students whose academic behavior is not congruent with the expectations of the University. Students are responsible for adhering to the standards detailed in this policy. Not being familiar with these standards does not mean that the students will not be accountable for adherence to them. Additional details on the Academic Integrity policy for violating academic integrity are published in the undergraduate and graduate catalogs.

http://catalog.doane.edu/content.php?catoid=18&navoid=1448#Academic Dishonesty

## **Course Grading**

### **Submitting Assignments**

All assignments, unless otherwise announced by the instructor, must be submitted via Canvas. Each assignment will have a designated place to submit the assignment. All material, assignments, and deadlines are subject to change with prior notice. It is your responsibility to stay in touch with your instructor and review the course site regularly to learn about changes to assignments or due dates.

### **Grading Scale**

Assignment of letter grades is based on a percentage of points earned. The letter grade will correspond with the following percentages achieved. All course requirements must be completed before a grade is assigned.

- A+ 97-100
- A 93-96
- A- 90-92
- B+ 87-89
- B 83-86
- B- 80-82
- C+ 77-79
- C 73-76
- C- 70-72
- D+ 67-69
- D 63-66
- D- 60-62
- F < 60

### **Grading Scheme**

Quizzes: 800 pts

Discussion: 120 pts

Assignments: 334 pts

### **Late or Missed Assignments**

All assignments must be completed and turned in to finish the course. Unless you discuss a late assignment with your instructor prior to the assignment due date, your assignment will lose 20% each day it is late.

#### Feedback

Please allow 1-3 days for feedback on assignments. Please review instructor feedback for assignments and assessments, this will help you reflect on what you have learned while receiving suggestions for improvement.

## **Technical Support**

If you are in need of technical assistance please access the <u>Self Service Portal</u>. You may reach the help desk at 402-826-8411 or by email at helpdesk@doane.edu.

## **Accessibility Statement**

In compliance with the Rehabilitation Act of 1973, Section 504, and the Americans with Disabilities Act of 1990, professional disability specialists and support staff at Doane University facilitate a comprehensive range of academic support services and accommodations for qualified students with disabilities. Doane University staff coordinate student transitions from high schools and community colleges, conduct in-service training for faculty and staff, enable the resolution of accessibility issues, conduct community outreach, and facilitate collaboration among Doane University staff on disability policies, procedures, and accommodations.

### **Disability Services**

<u>Doane University's Disability Services Office</u> will provide guidance on accommodations and universal access. To request accommodations please complete the <u>Self-Identification Form</u> and visit the website for additional information.

## **Academic Support**

Doane offers a range of academic support services for students.

For students taking courses online or for our Non-Residential students: <a href="https://www.doane.edu/graduate-and-adult/academic-support">https://www.doane.edu/graduate-and-adult/academic-support</a>

For students taking courses on our Crete campus: https://www.doane.edu/students/resources/academic-support

### **Title IX Requirements: Mandatory Reporting**

At Doane, all university employees, including faculty, are considered Mandatory Reporters. As a Mandatory Reporter, I am required to report incidents of sexual misconduct and relationship violence to the Title IX Coordinator and, thus, cannot guarantee confidentiality. This means that if you tell me about an incident of sexual harassment, sexual assault, domestic violence, dating violence, stalking and/or other forms of prohibited discrimination, I have to share the information with the University's Title IX Coordinator. My report does not mean that you are officially reporting the incident. This process is in place 23

to ensure you have access to and are able to receive the support and resources you need. For additional information, including confidential resources, please visit the <u>Campus Advocacy</u>, <u>Prevention</u>, <u>and Education</u> (<u>CAPE</u>) <u>Project</u>.

## **Instructional Technology Accessibility and Privacy Policies**

If your course uses additional technology tools, information on the <u>technology's accessibility and privacy is available on our website</u>.

## **Syllabus Disclaimer**

The instructor and Doane University views the course syllabus as an educational contract between the instructor and students. Every effort will be made to avoid changing the course schedule but the possibility exists that unforeseen events will make syllabus changes necessary. The instructor reserves the right to make changes to the syllabus as deemed necessary. Students will be notified in a timely manner of any syllabus changes via email or in the course site Announcements. Please remember to check your Doane University email and the course site Announcements often.

### **Doane Syllabus Addendum**

Each student is responsible for being aware of the policies, resources, and expectations as specified in the Doane Syllabus Addendum located at:

https://www.doane.edu/Syllabus